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WAYS YOUR PARTNER MAY HAVE HURT YOU

Please read each set of questions and circle yes or no to each question.

HAS YOUR PARTNER EVER:

Called you a name or made fun of you?	YES	NO
Ignored you?	YES	NO
Told you that you were a bad parent?	YES	NO
Refused to do housework or childcare?	YES	NO
Made you ask for permission to use personal property?	YES	NO
Accused you of paying too much attention to someone or something else?	YES	NO
Made you beg for forgiveness?	YES	NO
Demanded to be waited upon?	YES	NO
Intimidated you through his tone of voice?	YES	NO
Gave you angry looks or stares?	YES	NO
Put down your family or friends?	YES	NO
Put down your physical appearance?	YES	NO
Tried to change your physical appearance?	YES	NO
Not taken advantage of any of your strengths or accomplishments?	YES	NO
Told you that no one else would want you?	YES	NO
Accused you of cheating on the relationship?	YES	NO

Harassed you for information on past relationship?	YES	NO
Put down or yelled at your children in front of you?	YES	NO
Threatened to physically take your children away?	YES	NO
Threatened to make you lose custody of the children?	YES	NO

CONFINEMENT AND CONTROL ISSUES:

The following items have to do with incidents in which your partner may have attempted or succeeded in confining you to your home or controlling whom you saw or spoke to.

HAS YOUR PARTNER EVER:

Bodily confined or held you against your will?	YES	NO
Prevented you from leaving a room or your home?	YES	NO
Stopped you from going to school or work?	YES	NO
Prevented you from seeing family or friends?	YES	NO
Denied you the right to receive health care?	YES	NO
Prevented you from taking any medications?	YES	NO
Listened to your phone calls?	YES	NO
Disabled your telephone?	YES	NO
Opened your mail?	YES	NO
Had you followed?	YES	NO
Checked the mileage on your car?	YES	NO
Taken away your keys?	YES	NO
Phoned you repeatedly at work?	YES	NO
Got you fired from work?	YES	NO
Controlled your food intake?	YES	NO
Put you on a monetary allowance?	YES	NO
Made you ask or beg for money?	YES	NO

Made you explain how money was spent?	YES	NO
Got angry if you were late getting home?	YES	NO
Insisted on having the final say in all decisions?	YES	NO
Made you use drugs or alcohol against your will?	YES	NO

THREAT OF PHYSICAL VIOLENCE

The following items have to do with behavior your partner may have used to threaten or scare you.

HAS YOUR PARTNER EVER:

Threatened to hit you?	YES	NO
Threatened to throw objects at you?	YES	NO
Threatened to use a weapon against you?	YES	NO
Threatened to kill you?	YES	NO
Thrown or smashed objects in your presence?	YES	NO
Destroyed your personal property?	YES	NO
Hit walls or pounded a fist when angry at you?	YES	NO
Driven carelessly when you were in the car?	YES	NO
Abused family pets to hurt you?	YES	NO
Punished your children when he/she was angry at you?	YES	NO
Threatened to harm or kill your family and/or friends?	YES	NO
Threatened to harm or kill your children?	YES	NO
Threatened to harm or kill himself/herself?	YES	NO
Hurt or mutilated himself/herself to scare you?	YES	NO
Tried to run you over with a vehicle?	YES	NO

PHYSICAL VIOLENCE

The following items have to do with incidents in which physical violence may have occurred against you.

HAS YOUR PARTNER EVER:

Slapped you?	YES	NO
Pushed or shoved you?	YES	NO
Thrown you around (into walls, furniture, onto floor)?	YES	NO
Hit you with an open hand?	YES	NO
Hit you with a fist?	YES	NO
Hit you with an object?	YES	NO
Scratched you?	YES	NO
Pinched you?	YES	NO
Pulled your hair?	YES	NO
Grabbed you?	YES	NO
Spit on you?	YES	NO
Bit you?	YES	NO
Kicked you?	YES	NO
Burned you?	YES	NO
Injured you by holding or squeezing you too tightly?	YES	NO
Choked or tried to strangle you?	YES	NO
Used a weapon against you (stabbed, shot, etc.)?	YES	NO
Run you over with a vehicle?	YES	NO
Physically hurt you when you were pregnant?	YES	NO
Physically hurt you while he/she was under the influence of alcohol or drugs?	YES	NO

SEXUAL ABUSE

The following items are concerned with sexual abuse. Many women do not realize sexual abuse has occurred during their relationships until someone points out specific things that can happen between men and women that are physically and/or emotionally harmful to women.

HAS YOUR PARTNER EVER:

Called you negative sexual names like “frigid” or “whore”?	YES	NO
Forced or pressured you to participate in sex with him against your will?	YES	NO
Pressured you to participate in a sexual activity that hurt you?	YES	NO
Forced you to have sex in the presence of others?	YES	NO
Used threatening objects or weapons during sex?	YES	NO
Prevented you from using birth control?	YES	NO
Lied about his use of birth control?	YES	NO
Withheld information about whether he had been exposed to a sexually transmitted disease or the HIV virus?	YES	NO
Physically attacked the sexual parts of your body (breasts or genitalia)?	YES	NO
Pressured you to get pregnant against your will?	YES	NO